

GREAT RACE — OFFICIAL RULES & REGISTRATION INFORMATION

Entry Fee

Each team must pay a non-refundable \$45 entry fee at the time of registration. This fee does not include the required \$5 button/wristband per team member (see below).

Team Composition

- Each team may have up to 12 members.
- Each team must include at least one female participant.
- One participant may run two legs of the race if needed; that participant will count as two of the 12 team positions.
- Teams are strongly encouraged to designate at least one alternate member to reduce the risk of a penalty if a team member is unavailable.

Race Course

The race consists of 11 legs, each ending in a hand-off to the next team member:

1st Leg – Bike: The starting line is on Main Street past the railroad tracks by the pool. Riders proceed north across the bridge and on K89 to East St., then north to 24th St., where they turn left and proceed west to Halstead Rd.

2nd Leg – Skate: The skater proceeds south on Halstead Rd. to the drop point on the bridge, then hands off to the canoe team.

3rd Leg – Canoe: A two-person team (wearing life jackets) waits on the east side of the bridge, with ropers holding the canoe in place. After receiving the baton, the team paddles down the river to a point near the ball diamond, where the tuber is waiting on the water to receive the baton.

4th Leg – Tube: After receiving the baton, the tuber paddles down the river around a buoy marker and back up to the hand-off point with the runner. The tuber must wear a life jacket and remain on the tube at all times — swimming or pulling the tube is not allowed, nor are fins on hands or feet. Some type of paddle (such as a kayak paddle) must be used.

5th Leg – Run (two-part): This leg runs from the riverbank, over the levee, to the north end of the pool by the best route. The runner waits just outside the north gate of the pool until the swimmer finishes the required laps and the official signals to start again. The runner then proceeds back to the top of the levee near the steps and hands off to the next runner. Runners should watch for spectators, who may not move out of the way. At the pool, the official may have the runner set the baton down or hold it.

6th Leg – Swim: The swimmer completes 3 laps (six lengths of the pool).

7th Leg – Levee Run: The runner starts atop the levee near the steps (location designated by officials) and, after hand-off, proceeds west along the levee-top sidewalk to the hand-off area on Halstead Rd.

8th Leg – Bike: The biker rides from the floodgate on Halstead Rd. east to Locust St., handing off to the next runner.

9th Leg – Run (two-part): The runner proceeds from Locust St. to the basketball court, waits for the free-throw shooter to make the required number of shots, then proceeds east to 6th St. to hand off to the trike rider.

10th Leg – Free Throws: The shooter must make 5 baskets from the free-throw line, retrieving the ball between shots. The runner proceeds once this is completed.

11th Leg – Tricycle: After receiving the baton, the trike rider proceeds to the finish line by city hall.

Any infraction of the rules may result in disqualification if called by the official.

Age Requirements

Participants must be 13 or older. Exceptions may be granted only with prior written approval from race organizers. If an exception is granted, a parent or legal guardian must remain with the minor at all times during the event.

Team Limit

Participation is limited to 10 teams. Registrations will be accepted on a first-come, first-served basis until this limit is reached.

T-Shirts

- Orders cannot be accepted after that date because of printer turnaround time. Shirts will be distributed at the pre-race meeting.
- Teams that choose not to order shirts must notify the race committee of their alternate form of identification, such as team colors, in advance, to avoid duplication with another team.

Buttons/Wristbands

Every team member must wear the required \$5 event button or wristband during the race. Members without one will not be permitted to participate.

Equipment

- Tubes are provided by Halstead Old Settlers; teams must provide their own paddle for the tube leg.
- Canoes and paddles must be provided by teams.
- Teams must provide their own basketball for the free-throw leg.

Total Cost Per Team

Item	Cost	Total
Entry fee (per team, non-refundable)	\$45	\$45
Buttons/wristbands (required, per member)	\$5 x 11	\$55
T-shirts (optional, per member)	\$12 x 11	\$132
Total		\$232

Assumption of Risk/Liability Waiver

Each participant must sign a liability waiver and assumption-of-risk form before participating. By participating, each person acknowledges doing so voluntarily and at his or her own risk, and releases race organizers, sponsors and host organizations from liability for injury, loss or damage arising from participation, to the fullest extent permitted by law.

Equipment Requirements

Participants are responsible for reviewing and meeting all event equipment specifications, including the tricycle requirement: the front wheel must remain stationary and not turn. Teams having difficulty finding compliant equipment may contact Linsey Farmer at 316-215-4200 for possible assistance.

Pre-Race Meeting

A mandatory pre-race meeting will be held the Thursday before the event at 7 p.m. at the Kansas Learning Center for Health to review any route changes due to river or road conditions. Each team must have at least one representative present to receive this information and pick up team T-shirts.

Acknowledgment

I have read and agree to abide by the Great Race rules stated above, including the total cost obligations outlined.

Team Name: _____

Team Captain (print): _____

Signature: _____ Date: _____