# 36th Annual Crossroads Community Church Great Race August 9, 2024|7pm 

We'd like to welcome everyone to the 36th annual running of the Great Race. It seems like each year we need to start getting organized a little earlier, and this year is no exception. We invite you to field a team and join us for the 36th race on Friday, Aug. 9. Registration deadline will be August 1st.

Each team must pay a $\$ 45$ non-refundable entry fee. Teams can consist of 12 members. Each team must have at least one female participant. One person may do two legs of the race if needed (would be considered two of the twelve-person team). We prefer participants be 13 and older but exceptions can be made only with prior approval from organizers and a parent must remain with the child at all times. We urge each team to have an alternate member to prevent the possibility of penalty. There will be a limit of 10 teams participating in the event.

ANY TEAM MEMBER THAT HAS A MEMBER FAIL TO SHOW UP MAY PARTICIPATE IN THE RACE. HOWEVER, WHEN THEY REACH THE LEG OF THE RACE NOT COVERED, SOMEONE MUST SEE THAT THE BATON MAKES IT TO THE NEXT HAND- OFF AREA WHERE THEY WILL BE PERMITTED TO PROCEED IN LAST PLACE.

Each team should be easily identified as a team as this facilitates the hand off between team members and for observers to cheer you on. We will order T-shirts with the Great Race logo on the front and team name on the back. They are available for $\$ 10$ each and should be ordered by the registration deadline. We cannot order shirts after that time due to the turn-around time needed by the printer. Shirts are typically ready and handed out at the pre-race meeting. If you do not wish to order Great Race shirts, the committee needs to be advised as to your type of identification to prevent duplication of colors involved.

Each participant is required to sign an insurance disclaimer and participate at his or her own risk. Make sure to check all the requirements for the race, especially the specification requirements for the tricycle. It must be stationary on the front wheel. If you have difficulty finding equipment, contact Linsey Farmer 316-215-4200. We may have access to the equipment or know someone you may be able to help! PRE-RACE MEETING: We will meet at Kansas Learning Center for Health at 7p.m. on Thursday Aug 8th to go over any necessary changes to the route based on river/road conditions. Each team needs to have at least one member there to receive the information and pick up t-shirts.

## GENERAL RULES:

- Each team needs to look like a team and easily recognized as such
- All baton exchanges must be in the designated areas. Failure to do so will result in a disqualification.
- Bicycles can be racing, mountain, or dirt (any speed)
- The person doing the tubing portion must be ON the tube. They cannot swim in the tube or pull the tube behind. They cannot use fins on hands or feet. They must use a kayak paddle (or another kind of paddle)


## EQUIPMENT NEEDED:

- BATONS - furnished by the committee
- TWO BICYCLES - furnished by participants
- CANOE, PADDLES \& LIFEJACKETS - furnished by participants
- ROLLER SKATES OR ROLLERBLADES - furnished by participants
- INNER TUBE - furnished by committee
- PADDLE \& LIFEJACKET FOR TUBER - furnished by participants
- BASKETBALL - furnished by participants
- TRICYCLE - furnished by participants.
o Not to exceed 26 " front wheel and 12 " rear wheels. It is to be of original design with no gears, chains or other mechanical devices that would enhance a 1 to 1 ratio. All tricycles will be front wheel drive and pedal will be stationary on the front axle (wheel). ALL TRIKES MUST BE APPROVED PRIOR TO RACE.
- Please provide water for your team. It is usually hot! We look forward to hearing from you and hope to see you at the $36^{\text {th }}$ running of the Great Race!

Contact: Linsey Farmer 316-215-4200 or linseymfarmer8@gmail.com

## THE GREAT RACE 2024

1st Leg - BIKE - Starting at the railroad tracks, on the boom of the anvil shoot, bikes will proceed north across the bridge and on K89 to East St. then north to 24 th St. where they will turn left and proceed west to Halstead Rd.

2nd Leg - SKATE - Skater will proceed south on Halstead Rd. to the drop point on the bridge and then drop the baton to the canoe team.

3rd Leg - CANOE - a two-person team (wearing life jackets) will be waiting in the area on the east side of the bridge. Ropes will be provided to hold them in place. After receiving the baton they will proceed down the river to a point near the ball diamond where the tuber will be waiting on the water to receive the baton.

4th Leg - TUBE - After receiving the baton, the tuber paddles down the river around a buoy marker and back up the river to the hand off point with the runner. The person doing the tubing must wear a lifejacket and be ON the tube. They cannot swim in the tube or pull it behind and may not use fins on hands or feet. Some type of paddle (like a kayak paddle) must be used.
*This area hasn't been decided on yet and will depend on the condition of the riverbank. We try to find the best way to the water for the runner.
$5_{\text {th }}$ Leg - RUN - This two-part run is from the river to the north end of the pool and then back to the top of the levee. The runner will run from the riverbank, over the levee to the north end of the pool by the best route. The runner should wait just outside the north gate of the pool until the swimmer has finished the required laps and the Ref tells the runner to start again. They will then proceed back to the top of the levee near the steps and hand off to the next runner. The runner needs to look out for spectators because they just will not move out of the way.
While at the pool, the Ref may have the runner lay down the baton or let you hold it.
6th Leg - SWIM - The swimmer will swim 3 laps (six lengths of the pool)

7th Leg - LEVEE RUN - The runner will be on top of the levee in the area of the steps (the Ref will tell you where) and after handoff will proceed west to the handoff area on Halstead Rd. via the sidewalk on top of the levee.

8th Leg - BIKE - The biker will go from the floodgate on Halstead Rd. to 6th St. and then proceed east to Locust St. where they will hand off to the next runner.

9th Leg - RUN - This run has also has two parts. First, the runner will go from Locust St. to the basketball court at the Learning Center. They will wait for the free-throw shooter to make the required number of shots, and then proceed east to 6 th St . to where they will hand-off to the trike rider.

10th Leg - FREE THROWS - Must make 5 baskets from the free throw line, retrieving his own basketball between shots.
*Runner will proceed once this is accomplished.
11 th Leg - TRICYCLE - After receiving the baton from the runner, trike riders will ride north to the finish line at 309 Main at Harrington and Co Building.
*Any infraction of the rules can be cause for disqualification if called for by the official.
The trophy will be awarded at 309 Main

TEAM ROSTER 2024 (for your use only)

1st Leg - BIKE $\qquad$

2nd Leg - SKATE $\qquad$

3rd Leg - 2-PERSON CANOE TEAM $\qquad$

4th Leg - TUBE $\qquad$
$5_{\text {th }}$ Leg - RUN $\qquad$
$6_{\text {th }}$ Leg - SWIM $\qquad$

7th Leg - LEVEE RUN $\qquad$

8th Leg - BIKE $\qquad$

9th Leg - RUN $\qquad$
$10_{\text {th }}$ Leg - FREE THROWS $\qquad$

11thLeg - TRICYCLE $\qquad$

Great Race Entry Form due by Aug. 1st 2024 Send to Linsey Farmer at 506 West St., Halstead, KS 67056

Team Name $\qquad$
Contact Person $\qquad$
Phone $\qquad$
Means of Team ID $\qquad$
(shirts, vest, or whatever, and also the team color)

## SHIRT ORDER:

## COLOR CHOSEN

$\qquad$
Color choices: red, maroon, pink, orange, yellow, neon green, forest green, green, teal, navy, dragon blue, light blue, purple, lavender, white, heather grey, black \& tan Color not here? Ask and we'll see if they have it!

Number of each size:
Youth SM $\qquad$ Youth M $\qquad$ Youth LG $\qquad$

SM $\qquad$ M $\qquad$ LG $\qquad$
XL $\qquad$ XXL $\qquad$ 3XL $\qquad$

## ENTRY FEE: \$45

TSHIRTS $\qquad$ (\$12 each, \$14 each for 2XL+)

## TOTAL DUE

$\qquad$

Please make copies and have each participant sign one and return to use by race time.

## RELEASE AND INDEMNITY

I hereby, for myself, my heirs, executors and administrators, forever release, discharge and hold harmless, the City of Halstead, members of the Great Race Committee and all other interested parties, from any and all rights, claims, demand, liabilities, and actions whatsoever that may accrue to me, or any person sponsored by me, as a result of any and all injuries or death sustained by me and/or loss or damage of equipment or property during The Great Race to be held August 9, 2024 at or near Halstead, KS.

SIGNATURE $\qquad$
PARENT/GUARDIAN SIGNATURE (if minor) $\qquad$
WITNESS $\qquad$
DATE $\qquad$

